

# PSY 201: Statistics in Psychology

## Lecture 07

### Normal distribution

*Describing everyone's height.*

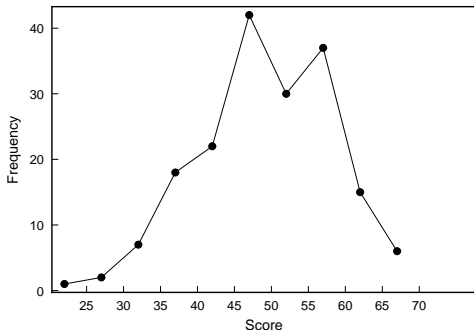
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# DISTRIBUTION

- frequency of scores plotted against score



- frequency  $\rightarrow$  likelihood, probability

# GOAL

- describe (summarize) distributions
  - ▶ shape: unimodal, bimodal, skew,...
  - ▶ central tendency: mode, median, mean
  - ▶ variation: range, variance, standard deviation
- summarizing forces you to lose information
- some **theoretical** distributions are special!
  - ▶ a few numbers completely specify the distribution

# NORMAL DISTRIBUTION

$$Y = \frac{1}{\sigma\sqrt{2\pi}} e^{-(X-\mu)^2/2\sigma^2}$$

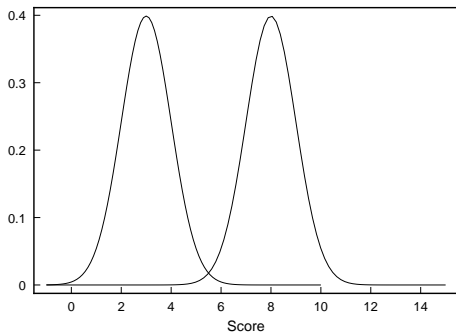
- $Y$  height of the curve for any given value of  $X$  in the distribution of scores
- $\pi$  mathematical value of the ratio of the circumference of a circle to its diameter. A constant (3.14159.....)
- $e$  base of the system of natural logarithms. A constant (2.7183...)
- $\mu$  mean of the distribution of scores
- $\sigma$  standard deviation of a distribution of scores

sometimes written as

$$Y = \frac{1}{\sigma\sqrt{2\pi}} \exp [-(X - \mu)^2/2\sigma^2]$$

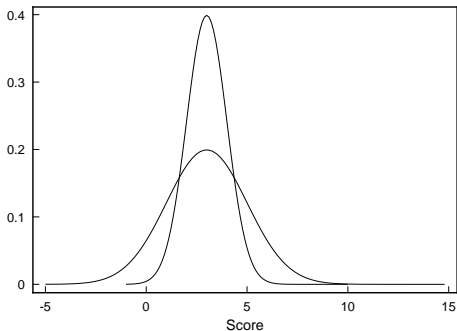
# PARAMETERS

- a **family** of distributions
- member of the family is designated by the mean  $\mu$  and standard deviation  $\sigma$
- changing  $\mu$  shifts the curve to the left or the right
  - ▶ shape remains the same



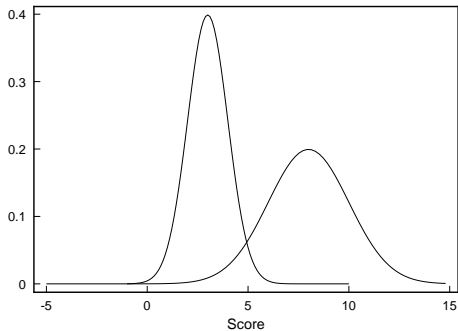
# PARAMETERS

- changing  $\sigma$  changes the **spread** of the curve
- compare normal distributions for  $\sigma = 1$  and  $\sigma = 2$ , both with  $\mu = 3$



# PARAMETERS

- changing  $\mu$  and  $\sigma$  together produces predictable results



# PROPERTIES

- all normal distributions have the following in common
  - ▶ Unimodal, symmetrical, bell shaped, maximum height at the mean.
  - ▶ A normal distribution is continuous.  $X$  must be a **continuous** variable, and there is a corresponding value of  $Y$  for each  $X$  value.
  - ▶ A normal distribution asymptotically approaches the  $X$  axis.



# STANDARD NORMAL

- remember z-scores:
  - ▶ 0 mean
  - ▶ 1 standard deviation
- if the z-scores are normally distributed

$$Y = \frac{1}{\sigma\sqrt{2\pi}} e^{-(X-\mu)^2/2\sigma^2}$$

- becomes

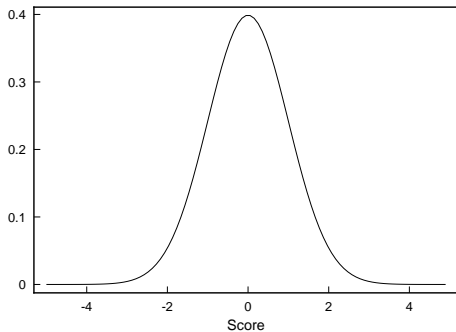
$$Y = \frac{1}{1\sqrt{2\pi}} e^{-(z-0)^2/2(1^2)}$$

- or

$$Y = \frac{1}{\sqrt{2\pi}} e^{-z^2/2}$$

# STANDARD NORMAL

- looks like



# SIGNIFICANCE

- It turns out that lots of frequency distributions can be described as a normal distribution
- for example, an estimate of height

# SIGNIFICANCE

- It turns out that lots of frequency distributions can be described as a normal distribution
  - ▶ intelligence scores
  - ▶ weight
  - ▶ reaction times
  - ▶ judgment of distance
  - ▶ rating of personality
  - ▶ ...
- almost any situation where small independent components come together

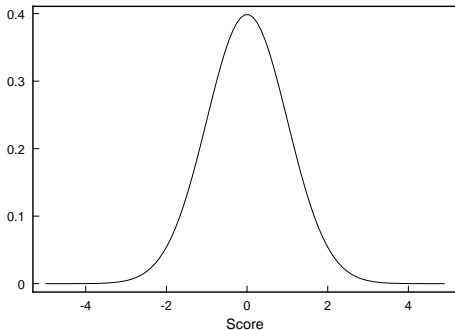
# SIGNIFICANCE

- when the distribution is a normal distribution, we can describe the distribution by just specifying
  - ▶ Mean:  $\bar{X}$
  - ▶ Standard deviation:  $s$
  - ▶ Noting it is a normal distribution
- that's all we need!
- That's part of our goal: describe distributions

# STANDARD NORMAL

- assume you have a standard normal distribution (don't worry about where it came from)

$$Y = \frac{1}{\sqrt{2\pi}} e^{-z^2/2}$$



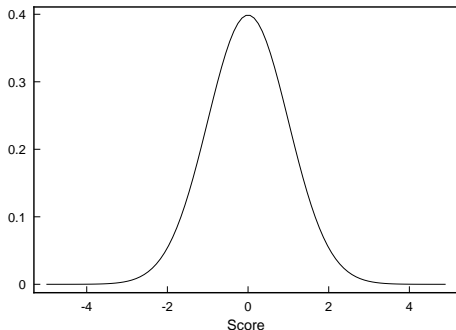
- if your distribution is normal, you can create a standard normal by converting to z-scores

# USE

- same as all other distributions
  - ▶ identify key aspects of the data
  - ▶ percentiles
  - ▶ percentile rank
  - ▶ proportion of scores within a range
  - ▶ ...
- make it easier to interpret data significance!

# STANDARD NORMAL

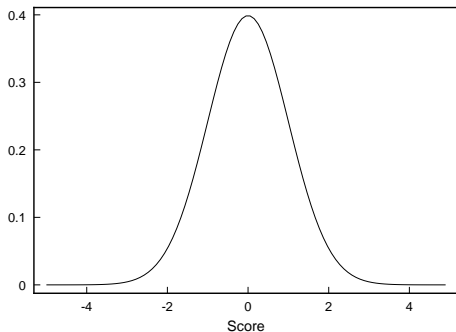
- total area under the curve **always** equals 1.0
- area under the curve from the mean (0) to one tail equals 0.5





# STANDARD NORMAL

- area under the curve one standard deviation away from the mean is approximately 0.3413
- area under the curve two standard deviations away from the mean is approximately 0.4772
- area under the curve three standard deviations away from the mean is approximately 0.4987



# CONCLUSIONS

- normal distribution
  - ▶ equations
  - ▶ properties
  - ▶ standard normal equations

# NEXT TIME

- area under the curve
- proportions
- percentiles
- percentile ranks

*Business decisions.*