#### **Cognitive Development**

IIE 366: Developmental
Psychology
Greg Francis
Lecture 16

# Chapter 7: Cognitive Processes and Academic Skills Module 7.1 Memory Module 7.2 Problem Solving Module 7.3 Academic Skills

#### 7.1 Memory

Origins of Memory Strategies for Remembering Knowledge and Memory

# 7.1 Origins of Memory

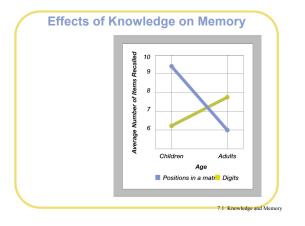
- Infants remember and forget, and can be prompted to remember things that they've forgotten
  - Tie a ribbon to leg: kick makes a mobile move
  - Remove ribbon for a week
  - Re-attach: infant does not kick
  - Give hint: move the mobile (without the ribbon)
  - Re-attach: infant kicks
- Improvements in memory are related to growth in the brain
- Amygdala and hippocampus are related to the initial storage of memories
- Frontal cortex is related to retrieval of stored memories

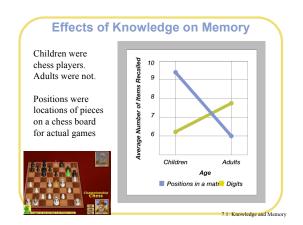
#### 7.1 Strategies for Remembering

- Memory strategies: activities that improve remembering
- Preschoolers use simple strategies like looking and touching
- Older children and adolescents use rehearsal, organization, and elaboration
  - Not always the best strategies
- Metacognition improves with age

#### 7.1 Knowledge and Memory

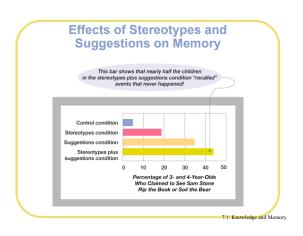
- Knowledge helps to organize memory but can distort our recall
  - E.g., memory for lists of words





#### 7.1 Knowledge and Memory

- Knowledge helps to organize memory but can distort our recall
- Scripts are memory structures that describe the sequence in which events occur
- People's memory of their own lives is autobiographical memory
- Infantile amnesia denotes forgetting of events from early in life
- Preschoolers' testimony can be distorted by adults' suggestions
  - Misleading questions, stereotypes
  - Clumsy Sam



#### 7.2 Problem Solving

Developmental Trends in Solving Problems

Features of Children's and Adolescents' Problem Solving

Scientific Problem Solving

# 7.2 Developmental Trends in Problem Solving

- Children tend to become more effective problem solvers as they age
- Research shows that even young children sometimes show remarkable skill
- · Adolescents often prone to error

# 7.2 Features of Children's and Adolescents' Problem Solving

- Young children sometimes fail due to inadequate *encoding processes*
- · Young children don't plan ahead
- Successful problem solving depends on knowledge specific to problem and general processes
- Collaboration often enhances problem solving

#### 7.2 Scientific Problem Solving

- Children and even adolescents exhibit faulty scientific reasoning as they confound variables and reach conclusions prematurely
  - •Often look for explanations that are consistent with what they already know
- · Also have difficulty integrating theory and data
- Even young children can be trained to think more scientifically

#### 7.3 Academic Skills

Reading

Writing

Knowing and Using Numbers

#### 7.3 Reading

- Sounding out and whole word recognition are used in reading
- Prereading skills: knowing letters and letter sounds (phonological awareness)
- Changes in working memory, knowledge, monitoring, and reading strategies improve comprehension

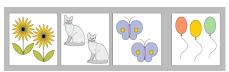
## 7.3 Writing

- Older writers have more to tell
- Older writers know how to organize their writing (knowledge telling vs knowledge transforming strategies)
- Older writers are better able to deal with the mechanical requirements of writing
- Older writers are better able to revise

#### 7.3 Knowing and Using Numbers

 Origins: infants can distinguish small quantities such as two and three

#### **Distinguishing Small Quantities**



Infants find repetition of the same number of objects boring: infants habituate

A change in number is interesting: infants look longer

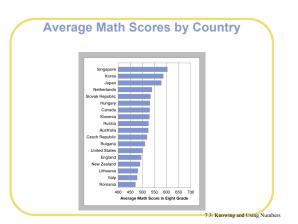
7.3: Knowing and Using Numbers

## 7.3 Knowing and Using Numbers

- Infants can distinguish small quantities such as two and three
- Early counting follows 3 basic principles: the one-to-one principle, the stable-order principle, and the cardinality principle
- Children use many different strategies to add and subtract

### 7.3 Knowing and Using Numbers

- Math skills lower in US than other countries
- In other countries, children spend more time in school, have more homework, parents have higher standards, and parents emphasize effort



#### **Next time**

- · Focus on aspects of memory
- Infantile amnesia
- Memory skills