### **Friends**

IIE 366: Developmental
Psychology
Greg Francis
Lecture 35

### Friends and best friends



- 2-3 friends form a friendship clique
- Provide more dependable companionship
  - Assure a backup in case of conflict
- But...one best friendship
- Adults differentiate more among relationships





# How Stable Are Friendships?

- less stable at first than fourth grade
- approximately equal in stability from fourth to twelfth grade
- depends on stability in the social environment



### **Features of Friendship**

- Companionship
- · Social and cognitive skills
- prosocial behavior
- (relative) absence of conflicts



## **Intimacy**

- Usually does not appear until adolescence because
  - children prefer parents
  - intimate self-disclosure is psychologically complex



# • Sources of intimacy change over lifespan Romantic Partner Parents Parents Parents And Sth 7th 10th College Single Married Married Wookids w/kids

# Boys' and Girls' Friendships Differ....

- girls' friendships are more intimate and because of this...
- girls interact more often with a single friend
- girls are more concerned about rejection/ unfaithfulness



# Boys' and Girls' Friendships Are Alike ...

- little difference in number of best friends
- · little difference in friendship stability
- little difference in most friendship features

### Peers in Groups: Young Children's Groups

- Dominance patterns emerge among very young children in small groups.
- By preschool age, there is a clear dominance hierarchy.
  - dominance reduces aggression

### Cliques in Childhood and Early Adolescence

- Friendship groups formed by children
- 3-9 children, usually same sex and race
- By 11, many social interactions occur within the clique
- Similar in interests and academic motivation
- Leaders of cliques are popular, athletic, cooperative, and studious relative to peers

### **Cliques in Adolescence**

- Ties to multiple cliques
- Cliques become less stable
- Early adolescence
  - emphasis on conforming to clique norms
- Later adolescence
  - reduced importance of clique membership
  - individual relationships more important

### **Conflict**

- When conflict occurs, friends make up with several methods
  - forget about conflict
  - · renew friendship
  - apologize
  - rarely "talk it out"



### **Benefits of friendship**

- Hodges et al. (1999): youths with a mutual best friendship (both are each other's best friend) are somewhat protected from victimization
  - · Less likely to occur
  - Has smaller impact on victim
- Ladd et al. (1996): kindergarten students with highquality friendships in fall (supportive, little conflict) like school more in the spring

### **Crowds**

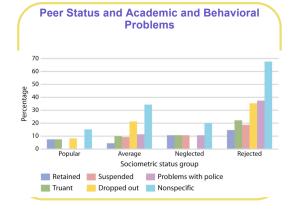
- · May enhance or hurt reputation
- Members of one crowd may be ridiculed or excluded by members of other crowds
- May "channel" into patterns of behavior
  - positive influence (good academic performance if a "brain")
  - negative influence (drug use if a "druggie").

### **Negative Influence of Cliques**

- Worst potential: gang membership
  - loosely organized groups that engage in illegal activities, such as selling drugs, stealing cars, or fighting.
- Gang members more involved than others in illegal behavior

### **Negative Influence of Cliques**

- Authoritative, involved parents can reduce negative influences of peer pressure (e.g., using drugs).
- Negative peer-group influence varies across cultures, related to the role of the family relative to that of the peer group.



# Role of Parents in Children's Peer Relationships: Attachment

- Securely attached children are more competent with peers.
  - react positively and are empathic with others; good social skills.
  - Bidirectionality is a factor. Children's characteristics affect the quality of their attachment, which in turn affects their peer relations.

# Parent-Child Interactions and Peer Relationships

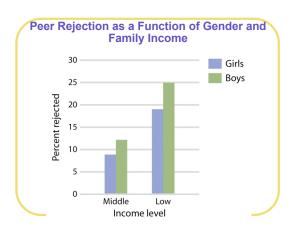
- Popular children: warm and authoritative mothers
- Unpopular children: harsh, authoritarian discipline
- Boys whose fathers play with them are better liked by their peers

### **Parental Beliefs and Behaviors**

- Parents of socially competent children tend to believe maladaptive behavior results from specific situations.
- Parents of less socially competent children believe that the child's nature is determinative and cannot be changed—the child was "born that way."

# Long-Term Effects of Being Socially Withdrawn as a Child

- Withdrawn boys:
  - Start careers later
  - Less success at job
  - Twice the rate of divorce and separation by midlife
- Withdrawn girls:
  - More likely to marry, have children
  - Less likely to work outside the home



### **Next time**

- Review for Exam 3
- Exam 3
- Finish up with a bit of advice about further studies in psychology